Job Opportunity

Sport for Confidence – Practice and Development Lead, Strategic Team #PlayYourPart

Sport for Confidence CIC is a pioneering and award-winning Social Enterprise which has the strategic aim of addressing inequalities in sport and physical activity participation.

Our specific aims are to:

- Make it easier for anybody, irrespective of their background, to participate in sport and physical activity within a leisure centre environment.
- Champion inclusive sport for therapeutic means and ends, and help other organisations to improve their own practice in terms of supporting the least active in society to move more.
- Influence every Occupational Therapist in the country with the principles of practice from the Sport for Confidence way of working.

Leisure Centres are community assets that should be accessible to everyone, as a focal point of community-based engagement. In its simplest form, the existing Sport for Confidence CIC model is concerned with placing allied health professionals (AHPs) directly into leisure centre environments, with the overall aim of improving the experiences and opportunities for people facing barriers to participating in sport and physical activity. Making these reasonable adjustments helps to create inclusive sporting opportunities to people who face barriers to participation, including those with learning disabilities, mental health problems, and people living with dementia, autism, physical impairment or disability, homelessness, and many other complex health needs.

Sport for Confidence has grown from one individual using sporting activities as part of Occupational Therapy assessment to becoming a model which has seen over 19,000 interactions over a 12-month period and been adopted in 10 leisure centres, across eight local authorities in Greater Essex and two London boroughs. Each centre has their own health professional and coach in place, working together to deliver the strategic outcomes and offer a programme of activities for absolutely anyone who may be facing barriers to accessing sport and physical activity opportunities.

We are looking for a motivated and reliable individual to be our Practice and Development Lead. You would join an innovative organisation and work as a member of a cohesive and experienced team. This role will contribute to the strategic aim and objectives of Sport for Confidence, to provide inclusive sports opportunities in mainstream leisure facilities, removing barriers to participation, and promoting independence, improved confidence and self-esteem through participation in sport and physical activity.

Job Description and Purpose

This post holder will identify and appraise the evidence base in relation to both clinical practice within the context of the Sport for Confidence model, and cross sector approaches to health and well-being outcomes through sport and physical activity, including evaluation.

This knowledge will be used to shape and develop strategic guidance on best practice, outcome focused interventions, and broader applications of the model as part of our strategic work with Sport England and the ‘Play Your Part’ project. A key focus of this role will also be on identifying the full potential of the Leisure Centre environment, such as effectiveness in delivering clinical interventions.

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Responsibilities

You will be responsible for the following outcomes:

- Work with a number of National Governing Bodies (NGBs) to develop, produce and disseminate assessment and intervention practice guides on a number of sports
- To work with a number of Universities to embed curricula content relating to public health and tackling physical inactivity into pre-registration health programmes
- In relation to the above, deliver to a minimum of 250 students teaching relating to the Sport for Confidence model through workshops, webinars, and conferences
- Contribute practice and development knowledge, learnt over the two year period, to the Sport for Confidence business model

Key skills

To include:

- Strong analytical skills, preferably gained within a health care or sporting environment
- Strong interpersonal and communication skills - ability to communicate and influence effectively to gain support of stakeholders
- Independent— be able to work proactively and independently using own initiative
- Experience of Project Management
- Previous experience of strategic design is essential
- The ability to deliver to workshops and teaching material to large audiences, which are engaging, captivating and fun

Experience

We are looking for somebody who can demonstrate:

- Ideally a minimum of three years of experience as an registered allied health professional
- Ideally holding a PhD qualification
- A keen interest in, and commitment to, the Sport for Confidence aims and objectives
- Previous experience of complex Project Management
- Evidence of previous strategic design

Job Specifics

- Salary range dependent on qualifications, skills and experience.
- Pro rata 28 days annual leave (full-time equivalent, including bank holidays)
- 1 day per week (8 hours) for a 18 month / 24 month fixed period
- 1 month notice period from both parties
- Safer Recruitment Policy will apply. All successful candidates will be required to undertake a DBS check prior to commencing employment.

If you are interested in the role, please do get in touch with Jake Turner via jake@sportforconfidence.com with a CV and covering letter attached, no later than the 30th June 2020.