

## **Job Opportunity**

### **Sport for Confidence – Allied Health Professional – Mid Essex**

Sport for Confidence CIC is a pioneering and award-winning Social Enterprise which has the strategic aim of addressing inequalities in sport and physical activity participation.

Our specific aims are to:

- Make it easier for anybody irrespective of their background to take part in sport and physical activity in a leisure centre environment.
- Champion inclusive practice and help other organisations to improve their own practice in terms of supporting the least active in society to move more.
- Influence every Occupational Therapist in the country with the principles of practice from the Sport for Confidence way of working.

Leisure Centres are community assets that should be accessible to everyone, as a focal point of community-based engagement. In its simplest form, the existing Sport for Confidence CIC model is concerned with placing allied health professionals (AHPs) directly into leisure centre environments, with the overall aim of improving the experiences and opportunities for people facing barriers to participating in sport and physical activity. Making these reasonable adjustments helps to create inclusive sporting opportunities to people who face barriers to participation, including those with learning disabilities, mental health issues, people living with dementia, autism, physical impairment or disability, homelessness, and many other complex health needs.

Sport for Confidence has grown from 1 individual using sporting activities as part of Occupational Therapy assessment to becoming a model which has seen over 19,000 interactions over a 12-month period and been adopted in 10 leisure centres, across 8 local authorities in Greater Essex and 2 London boroughs. Each centre has their own health professional and coach in place working together to deliver the strategic outcomes and offer a programme of activities for absolutely anyone who may be facing barriers to accessing sport and physical activity opportunities.

We are looking for a motivated and reliable individual to join our team of Allied Health Professionals. You would join an innovative organisation and work as a member of an experienced team.

### **Job Description and Purpose**

As an Allied Health Professional with Sport for Confidence, you will work with coaches to deliver our aim of providing inclusive sporting opportunities at Leisure Centres for anyone who faces barriers to participating in sport and physical activity. You will be involved in opportunities to engage with other organisations to encourage sport and physical activities to a wide range of individuals across the community. You will be influencing and innovating solutions to barriers within sport at a local and national level.

### **Responsibilities**

You will be responsible for the following outcomes:

- Lead SFC Contract at 2 sites in Mid Essex
- Support development of training workshops and resources
- Parent and carer liaison
- Management of coaching team.
- Manage the relationship with the key personnel at leisure facilities and across Active Networks

- Client interaction - signposting to relevant external services
- Collaborate with local learning disabilities and mental health teams
- Attendance at relevant meetings, conferences and events (locally and nationally)
- Develop outcome measures relevant to health and wellbeing
- Engagement with other allied health professionals
- Data management and reporting
- Case study production
- Design and delivery of training interventions
- Social media promotion

### **Key skills**

To include:

- Excellent interpersonal and communication skills in order to engage with clients, stakeholders and all Sport for Confidence partners
- Creative and innovative thinking
- 'Can-do' attitude to problem solving
- Ability to effectively influence and share knowledge and experiences
- Keen interest in sport and an awareness and understanding of the positive impacts sport has on physical, emotional and mental well-being.

### **Experience**

We are looking for somebody who can demonstrate:

- Registered Allied Health Professional
- Commitment to the Sport for Confidence aims and objectives, along with experience of or keen interest in (professional or personal) a sporting environment.
- Previous experience within one the following settings: learning disabilities, mental health, dementia and/or physical disabilities.

### **Job Specifics**

- Salary range dependent on qualifications, skills and experience.
- Full time role. 40 hours per week Monday – Friday (including 1 hour for lunch)
- Pro rata 28 days annual leave (Full time equivalent including bank holidays)
- 1 month notice period from both parties
- Safer Recruitment Policy will apply. All successful candidates will be required to undertake a DBS check prior to commencing employment.

If you are interested in the role, please do get in touch with Jake Turner via [jake@sportforconfidence.com](mailto:jake@sportforconfidence.com) with a CV and covering letter attached, no later than 30 June 2020.