

Vision:

To play our part in reducing inequalities that exist within society.

Job Title: Physiotherapist

Location: Sheffield, 2 days / 15 hours per week, Sheffield based with flexible home working.

Band 5/6 Equivalent

Closing date: 17/3/2023

Responsible To: System Partner Lead

Accountable To: Operations Director

Contract	1-year fixed term contract
Part-time	15 hours (2 days per week)
Salary Range	Equivalent to NHS Band 5/6 depending on experience
Annual Leave	Pro rata 33 days annual leave (Full time equivalent including bank holidays)
Company Package	Laptop, phone, clothing, and access to Office space in the Headquarters

We are looking to recruit a dynamic, creative, forward thinking, and hard-working physiotherapist to work as part of an exciting and innovative research project in partnership with [Golf in Society](#).

You will be actively involved in a research project to reimagine & repurpose golf clubs as community-based outpatient clinics for older people living with dementia and frailty to improve their access to health professional support and enjoy an active life.

You will have the opportunity to utilise your physiotherapy knowledge and skills to inform an innovative project, working closely with the occupational therapist, the golf coach and social prescriber. You will use clinical and research skills to support the co-design, delivery and evaluation of the project and share this learning nationally, fully supported by a qualified physiotherapist experienced in research and clinical practice.

The project will be led by the research team from [Advanced Wellbeing Research Centre | Sheffield Hallam University \(shu.ac.uk\)](#), and will include partners from Coventry University - Occupational Therapy Department, Sheffield Hallam University and the Professional Golf Association.

You will not be responsible for coaching golf, and you do not need a history of playing golf.

You should be highly motivated and be able to work autonomously as well as part of a team. You will be working alongside and supporting students on a regular basis. Working in Sheffield at Hillsborough Golf Club and Rother Valley Golf clubs two days per week while the program is being delivered (approx. June-Nov) will be essential. Working digitally will also be essential when not at the golf clubs, therefore managing your time well maintaining your own occupational balance which supports your health, wellbeing and work productivity.

The job will be both clinical and non-clinical and you must be an HCPC registered healthcare professional. Experience of working on projects and utilising quality improvement skills are desirable. You will be required to demonstrate excellent interpersonal, presenting, influencing and motivational skills.

This job is truly one of a kind comprising innovation, creativity and located within the health and sport sector. It will facilitate the development of person-centred and de-medicalised rehabilitation services for older adults. If this opportunity excites you then please apply.

Main duties of the job

- To support the co-design, delivery and evaluation of the Golf in Society research project
- Work with the research team and Golf in Society flexibly
- To manage a caseload of clients with multiple and complex needs, using evidence based/client centred principles to assess, plan, implement and evaluate interventions during the implementation phase.
- To provide specialist therapeutic input into planning, development and evaluation of clinical services within the team, with responsibility for defined project
- The role involves providing integrated therapy assessment and interventions to the participants selected for the research project. The participant will have a diagnosis of dementia. Our main aim is to support, maintain and encourage people in the ageing well process and prevent/ reduce likelihood of readmission to hospital.
- You will be working with a complex caseload including people with neurological impairments, frailty and cognitive decline. Physiotherapy intervention will be responsive to individual needs and may include falls prevention/management, strength training, movement therapy and palliative interventions. A key objective of the programme will be to prevent hospital admission and support early discharge. Many of the participants will have a complexity of needs across the spectrum of physical, mental and social care health.

We'd like you to be passionate about:

- Creating opportunities for everyone to enjoy their community assets and to feel included, having a choice to be active and live the life they choose
- Promoting innovative ways to reinvent how healthcare can be delivered in partnership with the health, sport, leisure and community sectors.
- Using physical activity as a preventative tool and for this job valuing Golf in particular!

About Sport for Confidence

Although this job is focussed on the Golf project specifically you will be employed and supported by Sport for Confidence.

Sport for Confidence is a pioneering and award-winning community interest company which has the strategic aim of addressing inequalities using sport and physical activity. We want to play our part in creating an equitable society and tackling inequalities, so that everyone can enjoy community spaces that promote movement, activity, wellbeing, and relationships.

The Sport for Confidence delivery model utilises the combined skills of a coach and occupational therapist in community spaces, such as leisure centre environments. Although anyone is welcome to join sport for confidence the professional support is tailored for people who face additional barriers to participation including those with learning disabilities, mental health difficulties, people living with dementia, autism, physical impairment or disability, homelessness, and many other complex health needs. In the leisure centres that we are based, people attend as members of the community, they participate in sporting sessions and can come and go as they please, this could be a day, a week or years, there is not a clinical admission and discharge process. The professional support is offered very flexibly and provided as and when appropriate. Our participants report outcomes such as, a sense of belonging, increased social connections, improved ability to self-manage their health and wellbeing, a sense of community, increased physical activity, increased strength and balance, improved motor ability and much more! The occupational therapist main concern is how these outcomes can be transferred and utilised in daily life to improve their overall occupational performance.

Occupational therapists and coaches at Sport for Confidence use physical activity as a preventative tool in an innovative way which is of interest to occupational therapists and organisational partners nationally and we are striving to share our learning across the health and sport sectors.

We are a company that encourages our employees to consistently learn from our successes and mistakes, refine and improve our skills to reach the goal of equality and inclusion for all.

Sport for Confidence has grown from one individual to becoming a model which has seen over 19,000 interactions over a 12-month period and been adopted in many leisure centres, across 8 local authorities in Greater Essex and 2 London boroughs and with your help we hope to continue progressing in both our delivery and national focus.

Your role will be directly working with the national team at Sport for Confidence to achieve the following goals by April 2024:

- Golf in Society research project will be complete, evidence of dissemination and impact will be shared nationally.
- Resources/workshops will be produced which raises the profile of physiotherapist and occupational therapists working collaboratively in relation to tackling physical inactivity and provides evidence-based resources for practice.

Key Responsibilities:

Duties

Specific

- To liaise with Sport for Confidence and Golf in Society project staff in meetings as required.

- To support the research lead and design, deliver physiotherapy therapy interventions.
- To liaise with external agencies including health care professionals, charities, community groups and other health and sport organisations.
- Create and provide tailored and specialist workshops to internal and external agencies.
- Create physiotherapy/AHP targeted resources to support the understanding of the physiotherapy role using physical activity as a preventative tool.
- Support team members.
- Support the management of student placements.
- Manage a caseload during implementation phase of the project.
- Assess and write assessments and reports.
- To formulate an individual specialist management/treatment plan for each participant using clinical reasoning skills and using a wide range of highly specialised physical, sensory, and cognitive treatment skills following analysis of information received from client, carers and referrer and any other professionals involved in the clients' care as necessary.
- To apply a high level of understanding of the effects of disability (specifically dementia and frailty) and provide training and advice to patients and carers on lifestyle changes and adaptations to the client's social and physical environment, involving other appropriate professionals and agencies when indicated.
- To provide specialist advice to clients, carers and colleagues, as necessary, on Occupational Therapy/Physiotherapy related matters as appropriate
- To develop and maintain an agreed area of professional interest and experience and act as a resource for other team members for the subject area accessing relevant external training/information.
- To ensure all aspects of support offered by the team meet with agreed national, professional and local standards
- Use clinical reasoning and judgement to ascertain the level of support required.
- Complete monthly monitoring reports.
- Liaise with occupational therapists, and research lead to ensure success of the project.
- Report to the System Partner Lead.
- Support the writing of funding bids to secure sustainability.

Additional Duties

- Promote service nationally through networking.
- To attend weekly meetings with Sport for Confidence/Golf in Society staff.

- To participate in audits, data collection, research, and evidence-based practice.
- To promote the physio and occupational therapy role to external agencies.
- To contribute to service development through innovative ideas and creation of resources.
- To initiate and lead projects to meet identified service needs.
- To seek out funding opportunities and complete funding applications where appropriate.

Professional Duties

- To attend professional meetings as required.
- To attend appropriate training events as required.
- To maintain a continuing professional development portfolio.
- To engage in regular supervision.
- To supervise and support students when appropriate.
- To comply with policies and procedures regarding annual leave, sick day and time owing.
- To support with upskilling coaches to understand the therapeutic value of physical activity.

Additional Responsibilities

- Complete all mandatory training.
- To keep updated on all matters relating to company policies and guidelines.
- Keep outlook calendar up to date.
- To participate in staff appraisal process.
- Attending peer supervision and CPD opportunities.

Health and Safety

- To ensure that self and staff adhere to Sport for Confidence local Health and Safety policy and procedures and maintain safe environments and working practices.
- Ensure that staff report incidents and near misses in accordance with Sport for Confidence risk management/ incident policies.
- Promoting a positive, supportive culture

Equality and Diversity

- To adhere to Rules of Professional Conduct and facilitate compliance of junior staff with local and professional standards of practice.
- To respect the individuality, values, cultural and religious diversity of participants and contribute to the provision of the service sensitive to these needs.
- To demonstrate the ability to reflect on ethical issues and to provide guidance to others, as necessary.

Sport for Confidence Values



Each member of staff is responsible for adhering to the five Sport for Confidence values in daily practice whilst communicating and engaging with clients and carers.

Person Centred – adopting a person centred approach with every participant we support to promote choice and independence and by involving the voices of the participants with service development ideas.

Passionate – we are passionate about people and passionate that sport and physical activity has the power to make a difference in people’s lives.

Innovative – it’s in our nature to think differently and use our collective intelligence to be innovative in our models of practice.

Caring – we commit to creating a culture of kindness, a caring and respectful environment for our participants, employees and providers.

Inclusive – we strive to design and embed an inclusive blueprint throughout the whole organization which creates opportunities for all individuals to participate in physical activity and accomplish personal goals.

Employees have a responsibility to themselves and others in relation to managing risk, health and safety and will be required to work within the policies and procedures laid down by Sport for Confidence.

Person Specification

Selection Criteria	Essential	Desirable	Measurement Curriculum Vitae - CV Interview - IN Assessment - AS
Education / Qualifications	Diploma or Degree in Physiotherapy Health Professions Council Registration Documented evidence of Continuing Professional Development Standard computer skills including use of Microsoft and e mail.	Project management skills Quality Improvement training Placement educators training	CV CV CV CV/IN CV CV CV
Knowledge	What it takes to be a change agent. Preventative healthcare approaches Knowledge and understanding of professional and ethical issues. Knowledge and understanding of professional and ethical issues. Evidence of skill relevant to the rehabilitation of adults with dementia, physical disabilities gained through theory and practical course and experience. A specialist knowledge and application of current best practice in the rehabilitation of		IN CV/IN CV/IN IN CV/IN

	<p>adults with dementia, frailty, and physical disabilities.</p> <p>Proven post registration experience within a multi-disciplinary service</p> <p>In depth knowledge of wider policy and service issues relating to dementia, frailty, disabilities and relevant legislation.</p> <p>An awareness of how physical activity can impact a client holistically.</p>	<p>A knowledge of primary and community, inpatient services</p> <p>Knowledge of inequalities in sport and physical activity</p>	<p>CV/IN</p> <p>CV/IN</p> <p>CV/IN</p> <p>CV/IN</p> <p>CV/IN</p>
<p>Skills/ Experience</p>	<p>Ability to use technology and have a high standard of digital literacy including social media.</p> <p>The ability to communicate the OT role, integration of theory and practise.</p> <p>Able to adapt communication skills according to the audience.</p> <p>Ability to supervise OT students.</p> <p>Ability to motivate and enthuse OT students.</p>	<p>Teaching students</p> <p>Experience of developing and working closely with local and national organisations</p> <p>Understanding of the OT role in a sporting context</p>	<p>CV</p> <p>CV/IN</p> <p>CV/IN</p> <p>CV/IN</p> <p>IN</p> <p>CV/IN</p> <p>CV/IN</p> <p>CV/IN</p>

		<p>Knowledge of Golf</p> <p>Ability to support AHP students.</p> <p>Experience of lone working</p> <p>Experience of working with the older adult population</p>	<p>CV/IN</p> <p>IN</p> <p>IN</p>
Personal Qualities	<p>Ability to work autonomously.</p> <p>Ability to manage and adapt to ever changing demands of the modern world.</p> <p>Ability to empathise with students and their learning demands and pressures</p> <p>Ability to prioritise workload.</p> <p>Ability to deal with stressful situations.</p> <p>Takes responsibility for own developmental needs.</p> <p>Able to take initiative and work pro-actively face to face or virtually.</p>	<p>Demonstrates advocacy of the Occupational Therapist role</p> <p>Ability to lead.</p> <p>Influencing, networking and negotiation skills</p>	<p>IN</p> <p>IN/CV</p> <p>IN</p> <p>IN</p> <p>IN</p> <p>IN</p> <p>IN</p> <p>IN</p>
Additional Requirements	<p>Keyboard and computer literacy skills – including Zoom/Teams, Outlook, Word, Excel, PowerPoint.</p>	<p>Car driver</p>	<p>CV/IN</p>

	Uphold Sport for Confidence's 5 key values.		IN
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If you are interested in the role, please do get in touch through our info@sportforconfidence.com email with a CV and covering letter attached, as soon as possible.

If you would like to discuss the job over the telephone, please contact our System Partner Lead

Liz Fletcher, Occupational Therapist: 07593555704