

Vision:

To play our part in reducing inequalities that exist within society.

Job Title: Occupational Therapist

Location: Sheffield for 2 days per week and flexible home working, the role will include occasional country wide travel and bi-monthly meeting with Sport for Confidence HQ in Chelmsford, Essex.

Band 5/6 Equivalent

Closing date: 19/3/2023

Responsible To: System Partner Lead

Accountable To: Operations Director

Contract	1-year fixed term contract
Full time	Full time (part time considered)
Salary Range	Equivalent to NHS Band 5/6 depending on experience
Annual Leave	Pro rata 33 days annual leave (Full time equivalent including bank holidays)
Company Package	Laptop, phone, clothing

We are looking to recruit a dynamic, creative, forward thinking, and hard-working occupational therapist to work as part of the national team at Sport for Confidence in partnership with [Golf in Society](#).

You will have the opportunity to utilise your occupational therapy knowledge and skills to inform the education and practice of occupational therapists nationally.

The job role has two strands:

- 1) To work with the national team at Sport for Confidence (non-clinical, health promotion and project work)

You will work closely with the Sport for Confidence team and learn about the innovative model in which the occupational therapists and coaches work collaboratively using physical activity as an assessment and intervention tool. You will share the model nationally working closely with new and existing partners from all over the country (such as Sport England, National Governing Bodies of Sport, Active Partnerships, Royal College of Occupational Therapists and Higher Educational Institutes) with the collective aim to reduce inequalities through sport and physical activity.

- 2) To be actively involved in a research project to reimagine & repurpose golf clubs as community-based outpatient clinics for older people living with dementia and frailty to improve their access to health professional support and enjoy an active life (clinical and research focused)

You will work closely with the research team, including partners from Coventry University - Occupational Therapy Department, Sheffield Hallam University – Advanced Wellbeing Research Centre, Sheffield Hallam University – Sport Industry Research Centre and the Professional Golf Association. You will use clinical and research skills to support the co-design, delivery and evaluation of the project and share this learning nationally in line with strand one. You will not be responsible for coaching golf and you do not need a history of playing golf.

You should be highly motivated and be able to work autonomously as well as part of a team. Both strands of work will involve supporting students on a regular basis. Working digitally will be essential therefore managing your time well maintaining your own occupational balance which supports your health, wellbeing and work productivity will be essential.

The job will be both clinical and non-clinical and you must be an HCPC registered healthcare professional. Experience of supporting students is essential, developing projects and utilising quality improvement skills are desirable. You will be required to demonstrate excellent interpersonal, presenting, influencing and motivational skills.

This job is truly one of a kind, its innovative, creative, it's in the health and sport sector, its constantly evolving and if this excites you then please apply.

Main duties of the job

- To support the development of occupational therapy physical in/activity community of practice
- To support the co-design, delivery and evaluation of the Golf in Society research project
- Work with higher education institutes to support students and share the Sport for Confidence Model and learning from Golf in Society.
- To support the co-design, delivery and evaluation of the Golf in Society research project
- Work with the research team and Golf in Society flexibly
- To manage a caseload of clients with multiple and complex needs, using evidence based/client centred principles to assess, plan, implement and evaluate interventions during the implementation phase.
- To provide specialist Therapeutic input into planning, development and evaluation of clinical services within the team, with responsibility for defined project
- The role involves providing integrated therapy assessment and interventions to the participants selected for the research project. The participant will have a diagnosis of dementia. Our main aim is to support, maintain and encourage people in the ageing well process and prevent/ reduce likelihood of readmission to hospital.
- You will be working with a caseload during the implementation phase including neurological conditions, palliative plus frailty and falls assessment and management - all with a view to

preventing admission and supporting early discharge. Many of the participants will likely have a complexity of needs across the spectrum of physical, mental and social care health.

We'd like you to be passionate about:

- Creating opportunities for everyone to enjoy their community assets and to feel included, having a choice to be active and live the life they choose
- Believing in OT and AHP students, supporting their development to be leaders in health and sport
- The power of social media and being a change agent
- The power of digital to create national and worldwide partnerships and connections
- Using physical activity as a preventative tool and for this job valuing Golf in particular!

About us

Sport for Confidence is a pioneering and award-winning community interest company which has the strategic aim of addressing inequalities using sport and physical activity. We want to play our part in creating an equitable society and tackling inequalities, so that everyone can enjoy community spaces that promote movement, activity, wellbeing, and relationships.

The Sport for Confidence delivery model utilises the combined skills of a coach and occupational therapist in community spaces, such as leisure centre environments. Although anyone is welcome to join sport for confidence the professional support is tailored for people who face additional barriers to participation including those with learning disabilities, mental health difficulties, people living with dementia, autism, physical impairment or disability, homelessness, and many other complex health needs. In the leisure centres that we are based, people attend as members of the community, they participant in sporting session and can come and go as they please, this could be a day, a week or years, there is not a clinical admission and discharge process. The professional support is offered very flexibly and provided as and when appropriate. Our participants report outcomes such as, a sense of belonging, increased social connections, improved ability to self-manage their health and wellbeing, a sense of community, increased physical activity, increased strength and balance, improved motor ability and much more! The occupational therapist main concern is how these outcomes can be transferred and utilised in daily life to improve their overall occupational performance.

Occupational therapists and coaches at Sport for Confidence use physical activity as a preventative tool in an innovative way which is of interest to occupational therapist and organisational partners nationally and we are striving to share our learning across the health and sport sectors.

We are a company that encourages our employees to consistently learn from our successes and mistakes, refine and improve our skills to reach the goal of equality and inclusion for all.

Sport for Confidence has grown from one individual to becoming a model which has seen over 19,000 interactions over a 12-month period and been adopted in many leisure centres, across 8 local authorities in Greater Essex and 2 London boroughs and with your help we hope to continue progressing in both our delivery and national focus.

The national focus of Sport for Confidence has three stands:

- (1) Developing the growth, capabilities, and capacity of Sport for Confidence
- (2) Informing the education and practice of occupational therapists nationally
- (3) Strengthening system connections between sport, physical in/activity, health, wellbeing, and the community

This role will be concerned with informing the education and practice of occupational therapists nationally and strengthening system connections between sport, physical in/activity, health, wellbeing, and the community.

Your role will be directly working with the national team at Sport for Confidence to achieve the following goals by April 2024:

- An occupational therapy physical in/activity community of practice will be fully functioning in one years' time, the members will be engaged and committed to developing their professional skills using physical activity as a preventative tool.
- A co-produced participant and community engagement strategy will be publicly available which will demonstrate how Sport for Confidence are reaching out to people and their communities, it will be their voices, their needs and desires which will be the driving force of how Sport for Confidence operates and progresses.
- Golf in Society research project will be complete, evidence of dissemination and impact will be shared nationally.
- Sport for Confidence will be regularly working with several higher education institutes to support students and share the Sport for Confidence and Golf in Society Model.
- A virtual educational platform will be created and usable which is suitable for allied health professional students nationwide to learn from the sport for confidence model and further develop their role using physical activity therapeutically.
- Resources will be produced which raises the profile of occupational therapists in relation to tackling physical inactivity and provides evidence-based resources for practice.
- Students from higher educational institutes from all over the country will have had the opportunity to learn about the Sport for Confidence model, which includes the work produced by Golf in Society.

Key Responsibilities:

Duties

- To liaise with Sport for Confidence and Golf in Society project staff in meetings as required.
- To support the research lead and design, deliver physiotherapy therapy interventions.
- To liaise with external agencies including health care professionals, charities, community groups and other health and sport organisations.
- Create and provide tailored and specialist workshops to internal and external agencies.

- Create occupational therapy/AHP targeted resources to support the understanding of the OT role using physical activity as a preventative tool.
- Support team members.
- Support the management of student placements.
- Manage a caseload during implementation phase of the project.
- Assess and write assessments and reports.
- To formulate an individual specialist management/treatment plan for each participant using clinical reasoning skills and utilising a wide range of highly specialised physical, sensory and cognitive treatment skills following analysis of information received from client, carers and referrer and any other professionals involved in the clients' care as necessary.
- To apply a high level of understanding of the effects of disability (specifically dementia and frailty) and provide training and advice to patients and carers on lifestyle changes and adaptations to the client's social and physical environment, involving other appropriate professionals and agencies when indicated.
- To provide specialist advice to clients, carers and colleagues, as necessary, on Occupational Therapy/Physiotherapy related matters as appropriate
- To develop and maintain an agreed area of professional interest and experience and act as a resource for other team members for the subject area accessing relevant external training/information.
- To ensure all aspects of support offered by the team meet with agreed national, professional and local standards
- Use clinical reasoning and judgement to ascertain the level of support required.
- Complete monthly monitoring reports.
- Liaise with occupational therapists, and research lead to ensure success of the project.
- Report to the System Partner Lead.
- Support the writing of funding bids to secure sustainability.
- Lead the design and development of the MovingOTs community of practice.
- Engage existing members and encourage new membership.
- Organise the @MovingOTs community of practice CPD and networking sessions.
- Contribute to the MovingOTs social media platform.
- Support students and progress their learning using sport as a preventative tool.
- Offer innovative ideas and help make the MovingOTs community of practice the best it can be.

- To liaise with external agencies including health care professionals, charities, community groups and other health and sport organisations.
- Create and provide tailored and specialist workshops to internal and external agencies.
- Provide sessions and presentations to local and national organisations to promote Sport for Confidence and the MovingOTs work.
- Create occupational therapy/AHP targeted resources to support the understanding of the occupational therapy role using physical activity as a preventative tool.
- Support band 5 OTs.
- Manage and coordinate student contact from various higher education institutes.
- Support the management of student placements nationwide.
- Assess and write reports for each student.
- Use clinical reasoning and judgement to ascertain the level of support required.
- Offer students digital and telephone support.
- Complete monthly monitoring reports.
- Liaise with occupational therapists, and our data lead to make improvements to the national work.
- Report to the System Partner Lead.
- Support the writing of funding bids to secure sustainability.

Additional Duties

- Promote service nationally through networking.
- To attend weekly meeting with Sport for Confidence staff.
- To participate in audits, data collection, research and evidence-based practice.
- To promote the occupational therapy role to external agencies.
- To contribute to service development through innovative ideas and creation of resources.
- To initiate and lead projects to meet identified service needs.
- To seek out funding opportunities and complete funding applications where appropriate.

Professional Duties

- To attend professional meetings as required.
- To attend appropriate training events as required.
- To maintain a continuing professional development portfolio.
- To engage in regular supervision.
- To supervise and support students when appropriate.

- To comply with policies and procedures regarding annual leave, sick day and time owing.
- To support with upskilling coaches to understand the therapeutic value of physical activity.

Additional Responsibilities

- Complete all mandatory training.
- To keep updated on all matters relating to company policies and guidelines.
- Keep outlook calendar up to date.
- To participate in staff appraisal process.
- Attend peer supervision and CPD opportunities.

Sport for Confidence Values

Each member of staff is responsible for adhering to the five Sport for Confidence values in daily practice whilst communicating and engaging with clients and carers.

Person Centred – adopting a person centred approach with every participant we support to promote choice and independence and by involving the voices of the participants with service development ideas.

Passionate – we are passionate about people and passionate that sport and physical activity has the power to make a difference in peoples lives.

Innovative – its in our nature to think differently and use our collective intelligence to be innovative in our models of practice.

Caring – we commit to creating a culture of kindness, a caring and respectful environment for our participants, employees and providers.

Inclusive – we strive to design and embed an inclusive blueprint throughout the whole organization which creates opportunities for all individuals to participate in physical activity and accomplish personal goals.

Person Specification

Selection Criteria	Essential	Desirable	Measurement Curriculum Vitae - CV Interview - IN Assessment - AS
Education / Qualifications	Degree or Diploma in Occupational Therapy Registered with HCPC Evidence of Continuing professional and personal development.	 Project management skills Quality Improvement training Placement educators training Co-production training	CV CV CV CV/IN CV CV CV
Knowledge	What it takes to be a change agent. Preventative healthcare approaches In-depth knowledge of working with people with varying conditions including physical disabilities, mental health conditions, learning disabilities, autism and dementia. In depth knowledge of wider policy and service issues relating		IN CV/IN CV/IN IN

	<p>to disabilities and relevant legislation</p> <p>An awareness of how physical activity can impact a client holistically</p>	<p>Knowledge of inequalities in sport and physical activity</p> <p>Knowledge of working with people who have dementia and are at risk of frailty.</p>	<p>CV/IN</p> <p>CV/IN</p> <p>CV/IN</p>
Skills/ Experience	<p>Ability to use technology and have a high standard of digital literacy including social media</p> <p>The ability to communicate the OT role, integration of theory and practise.</p> <p>Able to adapt communication skills according to the audience.</p> <p>Ability to supervise OT students</p> <p>Ability to motivate and enthuse OT students</p>	<p>Teaching students</p> <p>Experience of developing and working closely with local and national organisations</p> <p>Understanding of the OT role in a sporting context</p> <p>Ability to support AHP students</p> <p>Experience of lone working</p>	<p>CV</p> <p>CV/IN</p> <p>CV/IN</p> <p>CV/IN</p> <p>IN</p> <p>CV/IN</p> <p>CV/IN</p> <p>CV/IN</p> <p>IN</p>

		Experience of working with the older adult population	IN
Personal Qualities	Ability to work autonomously	Demonstrates advocacy of the Occupational Therapist role	IN
	Ability to manage and adapt to ever changing demands of the modern world.	Ability to lead	IN/CV
	Ability to empathise with students and their learning demands and pressures	Influencing, networking and negotiation skills	IN IN
	Ability to prioritise workload.		IN
	Ability to deal with stressful situations.		IN
	Takes responsibility for own developmental needs.		IN
	Able to take initiative and work pro-actively face to face or virtually.		IN
Additional Requirements	Keyboard and computer literacy skills – including Zoom/Teams, Outlook, Word, Excel, PowerPoint.	Car driver	CV/IN
	Uphold Sport for Confidence’s 5 key values		IN



If you are interested in the role, please do get in touch through our info@sportforconfidence.com email with a CV and covering letter attached, as soon as possible.

If you would like to discuss the job over the telephone, please contact our System Partner Lead

Liz Fletcher, Occupational Therapist: 07593555704