

Vision:

To play our part in reducing inequalities that exist within society.

Job Description

Title: Coach

Location: Westminster, Moberly Sports Centre

Responsible To: Lead Coaches & delivery Occupational Therapist(s)

Accountable To: Operations Director

Contract	Permanent
Time	Mondays only 9 – 5 (7.5 hours total)
Salary Range	£20,320 - £22,200 FTE depending on experience
Annual Leave	Pro rata 33 days annual leave (Full time equivalent including bank holidays)
Location	Moberly Sports Centre, Westminster, London

Sport for Confidence CIC is a pioneering and award-winning Social Enterprise which has the strategic aim of addressing inequalities in sport and physical activity participation. We want to tackle inequalities that marginalised groups encounter when seeking to be physically active, through creating inclusive community spaces and opportunities to be active, which promote empowerment, choice and independence.

Leisure Centres are community assets that should be accessible to everyone, as a focal point of community-based engagement. In its simplest form, the existing Sport for Confidence model is concerned with placing Occupational Therapists directly into leisure centre environments, with the overall aim of improving the experiences and opportunities for people facing barriers to participating in sport and physical activity. Making these reasonable adjustments helps to create inclusive sporting opportunities to people who face barriers to participation, including those with learning disabilities, mental health issues, people living with dementia, autism, physical impairment or disability, homelessness, and many other complex health needs.

Occupational Therapists at Sport for Confidence use physical activity and the wider leisure centre environment as a therapeutic tool to support individuals to work on identified performance skills. Interventions are varied and creative with a focus on occupational outcomes which are transferrable to the individual's daily routine and home life.

Sport for Confidence has grown from 1 individual using sporting activities as part of Occupational Therapy assessment to becoming a model which has seen over 19,000 interactions over a 12-month period and been adopted in many leisure centres, across 8 local authorities in Greater Essex and 2 London boroughs. Each centre has their own health professional and coach in place working together to deliver the strategic outcomes and offer a programme of activities for absolutely anyone who may be facing barriers to accessing sport and physical activity opportunities.

“The most we can hope for is to create the best possible conditions for success, then let go of the outcome. The ride is a lot more fun that way”. (Phil Jackson, 2013).

Key Responsibilities:

General

- Deliver inclusive sporting opportunities that are active, fun and meaningful
- Create and develop session plans that include progressions, adaptations and laughter
- Warm, welcoming and interactive with any individual that walks through the door
- The ability to build meaningful rapport with individuals from all walks of life
- To work closely with the Occupational Therapist to share ideas, seek support and check and challenge
- To be diligent in recording attendances in every session
- To seek further development to continue to learn and improve by liaising with the Head Coaches
- Work closely with local sporting organisations to build relationships and offer pathways for individuals to transition from Sport for Confidence sessions to alternative mainstream groups
- To liaise with Sport for Confidence staff in group meetings as required.
- Attend weekly team meetings
- Advocate and influence the effects of sport and physical activity
- Take part in supervisions and mandatory training
- Take part in daily briefings and debriefings to reflect on the day of delivery
- Monthly review with the Head Coach
- Daily feedback to allied health professional on delivery of model, numbers etc
- Stock maintenance and safety
- Liaise with the national Sport for Confidence team
- Support with virtual provision
- To contribute to service development through innovative ideas and creation of resources
- To comply with policies and procedures regarding annual leave, sick day and time owing.
- Keep outlook calendar up to date.

Non-Clinical Duties

- Promote service within the local area through networking.
- To attend weekly MDT meeting with Sport for Confidence staff.
- To complete participation numbers for statistical purposes.
- To participate in audits, data collection, research and evidence-based practice.
- To promote the coaching role to external agencies.
- To contribute to service development through innovative ideas and creation of resources.
- To seek out funding opportunities and complete funding applications where appropriate.
- Be involved/supportive when presented opportunities through our specialist provision

Professional Duties

- To attend professional meetings as required.
- To attend appropriate training events as required.
- To maintain a continuing professional development portfolio.
- To engage in regular supervision.
- To supervise and support students when appropriate.
- To comply with policies and procedures regarding annual leave, sick day and time owing.

Additional Responsibilities

- Complete all mandatory training.
- To keep updated on all matters relating to company policies and guidelines.
- Keep outlook calendar up to date.
- To participate in staff appraisal process.
- Attend peer supervision and CPD opportunities.
- CIMSPA membership and support

Sport for Confidence Values

Each member of staff is responsible for adhering to the five Sport for Confidence values in daily practice whilst communicating and engaging with clients and carers.

Person Centred – adopting a person centred approach with every participant we support to promote choice and independence and by involving the voices of the participants with service development ideas.

Passionate – we are passionate about people and passionate that sport and physical activity has the power to make a difference in peoples lives.

Innovative – its in our nature to think differently and use our collective intelligence to be innovative in our models of practice.

Caring – we commit to creating a culture of kindness, a caring and respectful environment for our participants, employees and providers.

Inclusive – we strive to design and embed an inclusive blueprint throughout the whole organization which creates opportunities for all individuals to participate in physical activity and accomplish personal goals.

Specification

All of our coaches follow the minimum standards set out by CIMSPA ([CIMSPA professional standards library - access today | CIMSPA](#)):

- Coach
- Working with disabled people
- Working with inactive people
- Working with people with long term conditions

A minimum of 1 qualification in coaching is essential, any Sport's National Governing Body qualification desirable.

Experience with working with disabled people preferred but not essential.

Willingness to learn and develop as a coach.

A great communicator.

Preferred car driver but not essential.

Passionate, enthusiastic and innovative!

Apply!

If you are interested in the role, please do get in touch through our info@sportforconfidence.com email account, attaching a CV and cover letter.

If you would like to discuss the job over the telephone, please contact any of the below:

Tom Doughty, Lead Coach – 07701330146

Jack Edgar, Lead Coach - 07740180112