

**Vision:**

To play our part in reducing inequalities that exist within society.

**Job Description**

**Title:** Coach

**Location:** Basildon & Hornchurch & Canvey

**Responsible To:** Head Coaches & delivery Occupational Therapist(s)

**Accountable To:** Operations Director

|                                    |   |
|------------------------------------|---|
| <b>Contract</b>                    | Permanent   |
| <b>Hours available – Part time</b> | Monday @ Canvey Island 9 – 5<br>Tuesday @ Hornchurch 9 – 5<br>Wednesday @ Hornchurch 9 – 5<br>Thursday @ Basildon 9 – 5<br>Friday @ Basildon 9 – 5<br><br>40 hours available, due to the locations, part time roles available, please enquire about the role if unsure of working pattern |
| <b>Annual Leave</b>                | Pro rata 33 days annual leave (Full time equivalent including bank holidays)  |
| <b>Salary range</b>                | £19,000 - £21,000 FTE   |
| <b>Company Package</b>             | Laptop, phone, clothing and access to office  |

Sport for Confidence CIC is a pioneering and award-winning Social Enterprise which has the strategic aim of addressing inequalities in sport and physical activity participation. We want to tackle inequalities that marginalised groups encounter when seeking to be physically active, through creating inclusive community spaces and opportunities to be active, which promote empowerment, choice and independence.

Leisure Centres are community assets that should be accessible to everyone, as a focal point of community-based engagement. In its simplest form, the existing Sport for Confidence model is

concerned with placing Occupational Therapists directly into leisure centre environments, with the overall aim of improving the experiences and opportunities for people facing barriers to participating in sport and physical activity. Making these reasonable adjustments helps to create inclusive sporting opportunities to people who face barriers to participation, including those with learning disabilities, mental health issues, people living with dementia, autism, physical impairment or disability, homelessness, and many other complex health needs.

Sport for Confidence has grown from 1 individual using sporting activities as part of Occupational Therapy assessment to becoming a model which has seen over 19,000 interactions over a 12-month period and been adopted in many leisure centres, across 8 local authorities in Greater Essex and 2 London boroughs. Each centre has their own health professional and coach in place working together to deliver the strategic outcomes and offer a programme of activities for absolutely anyone who may be facing barriers to accessing sport and physical activity opportunities.

We are looking for a motivated and reliable individual to join our team of dynamic coaches to deliver inclusive sport and physical activity opportunities to a wide range of individuals. You would join an innovative organisation and work as a member of an experienced team.

“The most we can hope for is to create the best possible conditions for success, then let go of the outcome. The ride is a lot more fun that way”. (Phil Jackson, 2013).

### **Key Responsibilities:**

#### General

- Deliver inclusive sporting opportunities that are active, fun and meaningful
- Create and develop session plans that include progressions, adaptations and laughter
- Warm, welcoming and interactive with any individual that walks through the door
- The ability to build meaningful rapport with individuals from all walks of life
- To work closely with the Occupational Therapist to share ideas, seek support and check and challenge
- To be diligent in recording attendances in every session
- To seek further development to continue to learn and improve by liaising with the Head Coaches
- Work closely with local sporting organisations to build relationships and offer pathways for individuals to transition from Sport for Confidence sessions to alternative mainstream groups
- To liaise with Sport for Confidence staff in group meetings as required.
- Attend weekly team meetings
- Advocate and influence the effects of sport and physical activity
- Take part in supervisions and mandatory training
- Take part in daily briefings and debriefings to reflect on the day of delivery
- Monthly review with the Head Coach
- Daily feedback to allied health professional on delivery of model, numbers etc
- Stock maintenance and safety
- Liaise with the national Sport for Confidence team
- Support with virtual provision
- To contribute to service development through innovative ideas and creation of resources

- To comply with policies and procedures regarding annual leave, sick day and time owing.
- Keep outlook calendar up to date.

### **Sport for Confidence Values**

Each member of staff is responsible for adhering to the five Sport for Confidence values in daily practice whilst communicating and engaging with clients and carers.

**Person Centred** – adopting a person centred approach with every participant we support to promote choice and independence and by involving the voices of the participants with service development ideas.

**Passionate** – we are passionate about people and passionate that sport and physical activity has the power to make a difference in peoples lives.

**Innovative** – its in our nature to think differently and use our collective intelligence to be innovative in our models of practice.

**Caring** – we commit to creating a culture of kindness, a caring and respectful environment for our participants, employees and providers.

**Inclusive** – we strive to design and embed an inclusive blueprint throughout the whole organization which creates opportunities for all individuals to participate in physical activity and accomplish personal goals.

### **Specification**

Any qualification in coaching essential, any Sport's National Governing Body qualification desirable.

Experience with working with disabled people preferred but not essential.

Willingness to learn and develop as a coach.

A great communicator.

Preferred car driver but not essential.

Passion, enthusiasm and innovation!