

Carbon Reduction Plan

CARBON FOOTPRINT CALCULATION

As an organisation, we have established our carbon footprint baseline, which has been calculated to track our progress. This has been calculated by *Sustainable Development Goals Ltd* (consultancy), which also creates a quarterly carbon footprint progress report.

Since we have had our footprint calculated (0.91 ton per annum) we have committed to reducing our carbon footprint by 15% year on year. Sport for Confidence has also registered a pledge with the EU-backed Race to Zero campaign. With a commitment to hitting net zero by 2030.

SPORT FOR CONFIDENCE WORK WITHIN A SHARED HYBRID OFFICE SPACE.

Traditional workspaces often have a significant environmental footprint. Large office buildings consume vast amounts of energy, contribute to greenhouse gas emissions, and generate substantial waste. A shared office space will help Sport for Confidence hit our net zero goals.

REASONS WE USE A SHARED OFFICE SPACE:

Energy Efficiency: Shared offices prioritise energy-efficient practices by utilising smart technologies, energy-saving appliances, and optimised lighting systems. By adopting energy-efficient measures, shared offices significantly reduce energy consumption and greenhouse gas emissions.

Resource Optimisation: Our shared office promotes resource optimisation through shared amenities and infrastructure. By sharing resources such as printers, conference rooms, and kitchen facilities, these spaces minimise redundant equipment, reducing the overall environmental impact.

Waste Reduction and Recycling: Our office encourages waste reduction and recycling practices. Implementing comprehensive recycling programs, promoting paperless operations, and utilising sustainable materials for furniture and supplies are common practices in shared office spaces.

Sustainable Design: Our offices incorporate sustainable design elements such as eco-friendly building materials, natural lighting, and efficient HVAC systems. These features minimise the environmental impact of the workspace while providing a healthier and more sustainable work environment.

Energy-efficient practices: By utilising innovative technologies, energy-saving appliances, and optimised lighting systems. Our office significantly reduces energy consumption and greenhouse gas emissions by adopting energy-efficient measures.

Resource Optimisation: We promote resource optimisation through shared amenities and infrastructure. By sharing resources such as printers, conference rooms, and kitchen facilities, these spaces minimise redundant equipment, reducing the overall environmental impact.

TRAVEL TO WORK

Our employees work in a hybrid capacity, reducing work travel by 65% in 2023. We have also educated our staff on the benefits of more environmentally friendly modes of transport like public transport.

As an organisation, we have encouraged our staff to utilise the government ride-to-work scheme. It promotes health and fitness as well as being better for the environment.

Our team sometimes must drive due to our client's location and or delivery sites. We are negating this footprint by participating in local tree-planting projects with TRE MAIL to overcome the environmental impact. TRE MAIL arranges tree planting days within our local area, meaning we are helping balance our unavoidable footprint as an organisation.

The key to our Carbon reduction plan is to Monitor progress, making sure that we continue our green journey. Sustainability Goals Ltd monitors our progress towards our carbon reduction goal every quarter and makes adjustments as needed. We celebrate your successes and learn from your challenges to continue progressing towards a healthier planet.